

a book of science.

But science, as well as the institutions that teach it, has also been a tool of the rulers. With the distortion of science the world finds itself on the verge of self-annihilation. Science has been the tool of the food barons in particular, the food baron representing an increasingly powerful group within society today.

The structure of health today is based upon people getting sick, or else hospitals, pharmacies and, of course, doctors would be out of a job.

The religious institutions thrive off people who do not believe that we are all the temples of God. The children of the world (*les enfants terrible*) are the greatest pawns in this mad chess game called life. This discourse is the student manifesto of the Kanya Academy of Occult Science. It is written at a time when people in every area of the world need a better knowledge of food and health.

Never before in the history of the world have oppressed people had a chance to read as wide a selection of books as they can today. Knowledge, being the only true liberating force, was suppressed by the ruling powers. Only white men with money were able to afford many of the volumes that will be quoted from in this book. Within the history of America it can be shown that it was considered a crime to teach slaves how to read and write. However, slavery of the bodies of the dark-skinned people of the United States is over. Forced child labor in most countries of the West and under Western influence is illegal. Unequal pay for equal work for women is a slowly dying custom. With the death of these things comes the death of ignorance.

With the death of ignorance comes the realization of the divinity within us all. The concept of some people being gifted in a particular field of endeavor while thinking that others are not equally gifted is a myth. The greatest by-product of oppression is the inferiority complex that it produces within the mind of the oppressed.

And so, we set the stage of life, but to our dismay our lighting is bad, our props and costumes shabby. And we, the stars of this show, must sit in the audience and watch, all due to a lack of knowledge of the gut. For only when we read our scripts well can we become proficient actors and actresses in this movie called life.

—Rev. Donald Thomas, Gerontologist

